

La Table des Amis de Provence
invites you to join us for
Les Grands Buffets Safari to Narbonne
23 - 24 September 2025



This event will be a road trip for a maximum of 19 participants, the highlight being an all you can eat lunch at Les Grands Buffets in Narbonne where 380,000 diners each year (many of them repeat customers) pay 62,90€ for piles of haute cuisine including nine kinds of

foie gras and was recently dubbed “the hottest restaurant in France” by The New Yorker with reservations booked more than six months in advance.

<https://www.newyorker.com/magazine/2024/04/08/les-grands-buffets-and-the-art-of-all-you-can-eat>

Our lunch reservation (reserved well in advance) is for 19 persons on Tuesday 23 September for 12h15 in a private dining room. Plan to arrive to the restaurant all dressed up to dine by 12h00 latest.

There are several moderately priced hotels within walking distance of Les Grands Buffets which will most likely let you leave your luggage if an early checkin is not possible. We suggest you reserve early.

It will be a long lunch followed no doubt by a siesta at your hotel. We will gather in the evening for a stroll in the old city and search out a cafe or brasserie with small plates to end the day.

On Wednesday morning 24 September we will visit Les Halles in Narbonne, a spectacular indoor food emporium. Bring a cold bag to stock up on regional specialities like cassoulet.



We are also arranging an optional lunch on your way home at the oyster restaurant le St Barth Tarboureich just north of Marseillan.

This will be a “pay as you go” event, the only charge from La Table des Amis being a 25€ per person registration fee (30€ for nonmembers).

Also to be paid in advance is 62,90€ per person for the buffet for food only. Wine and other beverages are at very moderate producers prices. The bill for beverages will be shared equally and the amount per person will be posted on the La Table website for payment by bank card soon after the event. Last year the tab for drinks was 21,40 euros per person.

Further details will be sent to those who register for this event at www.latabledesamis.com

This event has been organized by La Table des Amis de Provence, a non-profit association that connects wine and food lovers to a table of friends, membership fees: 15 € single, 25 € couples.



