

La Table des Amis de Provence
invites you to join us for a
Market shopping, cooking class
and lunch with
Stephanie Villegas at her
Atelier Laurel
Fontvieille 13990
09h30 - 14h00
3 and 6 November 2023



Stephanie is a member of La Table des Amis de Provence and is offering two classes exclusive to our members and their guests.

The experience will consist of touring the charming Fontvieille marché, shopping for a few of the ingredients and then a short walk (5 minutes) to the well-equipped kitchen to get to cooking the menu of the day.

We'll cook together for about 2.5 hours before sitting down for lunch to enjoy the fruits of your labor... and a bit of wine!

Recipes will be in English and French.

All classes are limited to 6 people to guarantee the best experience.

To maximize your chance of participating, she is spreading the classes over a Friday and a Monday with the aim being to fill the Friday 3 November class first.

In Stephanie's own words:

I'm a California girl living in the south of France after leaving a nearly decade-long career at Waymo (Google's self-driving car company) to pursue my dream of becoming a chef

After deciding to make the switch into the culinary world, I completed an intensive culinary program and earned a diploma at Ferrandi, Paris.

After graduation, I began working in restaurants to get used to life on the line.

This journey ultimately led me to Provence, working under chef Glenn Viel at the 3-star l'Oustau Baumanier.

Under a piercingly blue sky, my ears ringing with the songs of cigales, it was then that I decided I had found the perfect setting to create Atelier Laurel

I look forward to sharing with you the techniques, stories and flavors which I've learned and collected along the way.

Editors note: Stephanie will not be returning to California anytime soon. She is a newlywed whose spouse is from a family with deep roots in vines and agriculture near Nimes.

Cost for the experience : €130 for members, €135 for non-members.

Book and pay online at www.latabledesamis.com

Please note when booking that you can opt out of the donation to HelloAsso by checking a box.

This event has been organized by La Table des Amis de Provence, a non-profit association that connects wine and food lovers to a table of friends.

Membership fees: 15 € single, 25 € couples

