

La Table des Amis de Provence

invites you to join us for a

Grape Stomp at

Les Pastras, Cadenet

18h00 - 20h30

11 October 2023



Immerse yourself in one of the world's oldest traditions. Take a tour of a Provençal farm, learn how grapes are cultivated and how wine is made, PLUS stomp grapes in enormous antique oak barrels that are waist-high, roomy enough for 4+ people and have a view of Mount Sainte Victoire.

You'll be regaled with harvest stories passed down from generations of local farmers and learn traditional French drinking songs. You'll also learn to tell the difference between the different types of local grapes and wines.

Grape stomps are followed up with a buffet of cheese, paté, charcuterie, red wine and a tasting of the farm's olive oil and truffle oil.

It's an authentic French experience that's full of laughter and makes memorable photos that you'll cherish long after your toes are no longer sticky.

For those of us who enjoyed the Truffle Hunt with Johan and Lisa Pepin, it will be a welcome return to their family farm on the outskirts of Cadenet.

Cost for the experience: €60 for members, €65 for non-members.

Book and pay online at www.latabledesamis.com

Please note when booking that you can opt out of the donation to HelloAsso by checking a box.

This event has been organized by La Table des Amis de Provence, a non-profit association that connects wine and food lovers to a table of friends.

Membership fees: 15 € single, 25 € couples

