

**La Table des Amis de Provence
invites members to join a festive
walking and food/wine event
organized by Luberon Life
Sunday 31 May 2026**



La Table members Angela Polin and Randy Squires who are also active in Luberon Life non-profit association have surfaced this event which they heartily recommend to La Table des Amis members and guests, and they have made it easy for us to do this as a group.

Escapades starts with a mostly gentle 7km walk through the Parc du Luberon and Ménerbes culminating with à Festival of Les Grand Buffets of desserts and cheeses; fun activities for young and old alike; brocante; DJ; wine and beer sales. Angela and Randy have reserved a table for us for Les Grand Buffets after the walk.

THE ESCAPADES WALK

Reception opens 09h00 where you can treat yourself to croissants/coffee.

First group of walkers departs at 10h00, then every 10 minutes. **NOTE: ANGELA WILL BE**

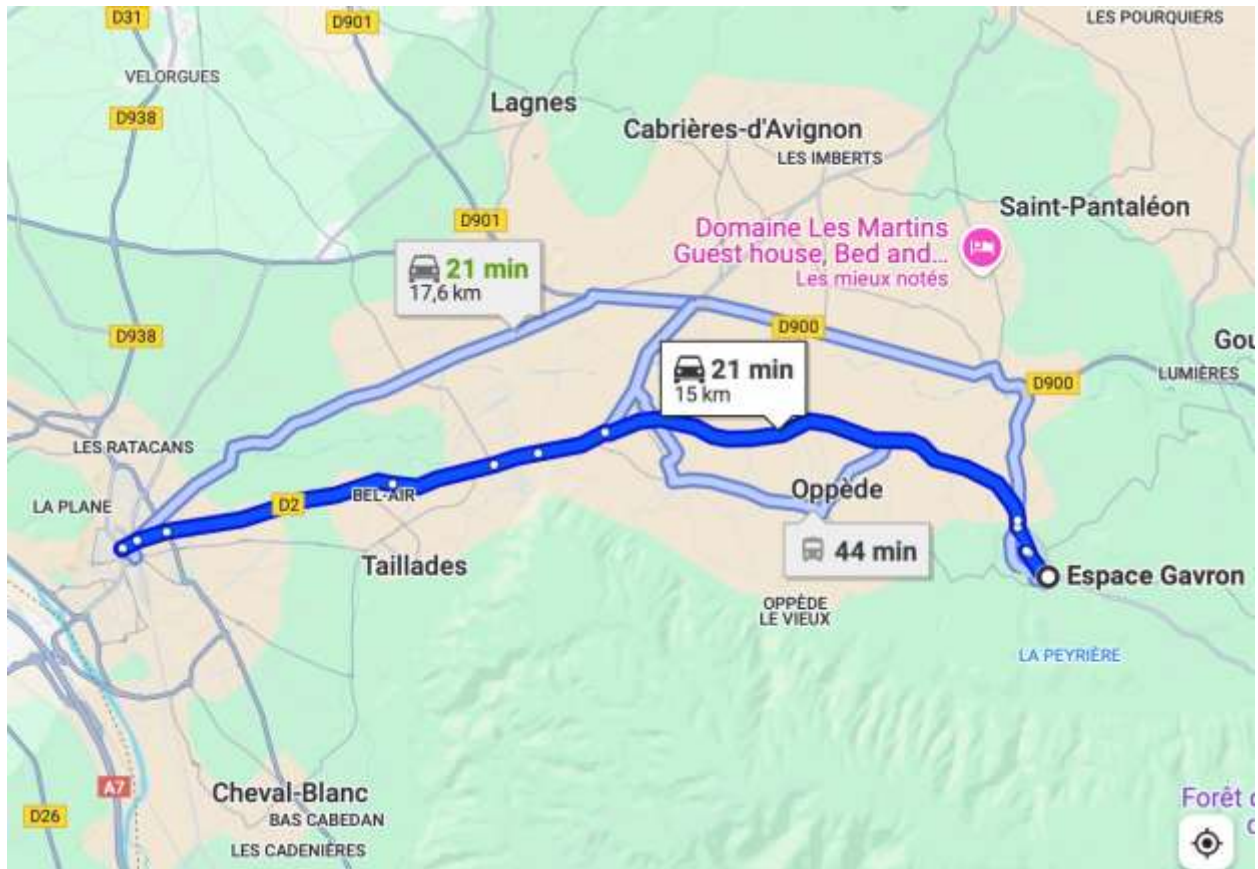
LEADER OF THE GROUP SETTING OFF AT 10h10. LET'S ALL SIGN UP TO BE IN HER GROUP

Last group sets off at 11h10

REGISTRATION & TICKETS

This is the link for Escapades

<https://www.helloasso.com/associations/association-luberon-life/evenements/escapades-25>



La Table des Amis de Provence is a non-profit association that connects wine and food lovers to a table of friends. www.latabledesamis.com

Membership fees: €15 singles, €25 couples.