

La Table des Amis de Provence
invites you to join us for
a Calçots Safari to Catalonia
21 - 24 March 2024



This event will be a road trip for a maximum of 15 persons to Spain in the search of a perfect meal of *calçots* (a variety of green onion) while they are at their seasonal best.

The origin of the *calçot* and its cooking method is in the town of [Valls](#), [Catalonia](#). They are grilled over a hot fire, wrapped up in newspaper and eaten, after peeling with bare hands, by dipping them one by one in [salvitxada](#) sauce (made with almonds). It's customary to wear a large bib for the sauce stains. The *calçots* can be accompanied by red wine or [cava](#) sparkling wine.

We will then be served pieces of meat or sausages which are roasted in the charcoal after cooking the *calçots*, followed by a typical desert.

Valls is a long way to go just for a meal so we have elaborated the itinerary to include other gastronomical delights both coming and going.

First stop on Thursday will be in the small town of Bouziques near Sète. Weather permitting we will board a boat with a guide to see how oysters and mussels are farmed in the Etang de Thau.

Lunch will be at le Petit Bouziques where Chef/Owner Antoine (who hails from Galicia, Spain) personally cooks every dish to perfection, accompanied by wines of the region.

Then on to stay for three nights in Sitges, a very lively town just south of Barcelona. Best choice of accommodations are near the port and marina, a pleasant seaside walk to the old city, no congestion, easy parking and a restful nights sleep.

We will rendezvous that evening to enjoy tapas in the village center.

Friday morning we will visit the central market followed by lunch at a seafood restaurant in the neighboring town of Vilanova. The evening is free but we no doubt will be meeting up at yet another tapas bar in Sitges or possibly one of the lively cafe/restaurants in the port.

Saturday morning we will depart mid morning to Valls for a *calçotada* in a private barrel shaped room at Casa Felix where we will pay gastronomic homage to a very special meal that will take up a good part of the afternoon.

Back to Sitges, another free evening but as it is Saturday night on the weekend before Easter, we will probably land up in a lively tapas restaurant.

Sunday we depart back to France with a stop for lunch at Motel Emporda in Figueres. Don't be misled by the name, it is an elegant classic dining destination.

This will be a "pay as you go" event, the only charge from La Table des Amis being a 25€ per person registration fee (30€ for nonmembers).

Prices are moderate for our shared meals and we recommend when your registration is confirmed to book an AirBnB (or similar) of your choice for 3 nights in the port/marina area of Sitges from 21-24 March.

Further details will be sent to those who register for this event. Car pooling is recommended in view of the distances to be traveled.

This event has been organized by La Table des Amis de Provence, a non-profit association that connects wine and food lovers to a table of friends.

www.latabledesamis.com

Membership fees: 15 € single, 25 € couples

