

**La Table des Amis de Provence**

**invites you to join Susan**

**Gish for a marché producteur**

**tour and lunch**

**Aix-en-Provence**

**09h30-14h30**

**30 April 2026**



The open markets in Aix-en-Provence are a vibrant and essential part of the local culture, offering a colorful array of fresh fruits, vegetables, cheeses, and other regional specialties. These bustling markets provide visitors and residents alike with a unique opportunity to experience the authentic flavors of Provence while engaging directly with the people who grow and produce their food.

Seeking out the actual producers at these markets is particularly important. Not only does it ensure the freshest and highest-quality products, but it also supports local farmers and artisans, helping to sustain traditional agricultural practices. By buying directly from the source, you foster a sense of community, promote sustainable farming, and enjoy a deeper connection to the land and its bounty.

Susan goes to the market in Aix three times a week and connects almost exclusively with the actual producers. You will visit her favorite vendors with spring local, seasonal, fruit and vegetables (to buy if you so desire!). Last year in April there was an abundance of fresh asparagus, strawberries, peas, purple artichokes...



Our day starts from 09h30 at Maison Riederer to meet up with Susan for coffee and croissants, a charming spot near the Hotel de Ville. Closest public parking at Pasteur. Walk down from Parking Pasteur past the Cathedral and once you get to the Hotel de Ville/Place de Mairie, Riederer will be on the left between the Place de Mairie and Place Richelme.

Lunch after the market experience will be at Mesa restaurant serving Mediterranean/Levantine cuisine using fresh local ingredients.

The cost of the lunch will be 34€ for members of La Table des Amis, 39€ for non-members for a set menu of main course, dessert and coffee. Wine and other beverages to be paid individually, bank cards accepted. If you have dietary issues, please make known to Susan after you have reserved and paid. Deadline for registration is 25 April and maximum participation is 16 persons. Please reserve at <https://www.latabledesamis.com>

This event has been organized by La Table des Amis de Provence, a non-profit association that connects wine and food lovers to a table of friends. Membership fees: 15 € single, 25 € couples

